



HIBISCUS TEA

Yaukuve Spa

WELLNESS



½ cup freshly dried Hibiscus Flowers

1 Litre of water

2 tablespoons of organic honey

½ teaspoon of Himalayan Pink Rock Salt

Freshly picked mint leaves

Slice of lime or orange

Hibiscus plants grow extensively on Kokomo Private Island. The colourful blooms serve not only as a beautiful backdrop, but are also used in the Yaukuve Spa Sanctuary to prepare a refreshing and cleansing tea for our guests. Rich in antioxidants, Hibiscus tea offers a number of health benefits, important for overall wellbeing.

See below for you to recreate at home.

1. Place the dried hibiscus flowers in a tea strainer and infuse with boiling water.
2. Leave flowers to infuse for 5 minutes before removing the strainer.
3. Gently stir in the honey and salt until combined. Leave to rest for five minutes.
4. Garnish with lime, orange and mint.
5. Serve warm or chilled over ice.