BONUS HOME ISSUE INSIDE!

UXURY LIVING IN THE NORTHEAST

Stress-Free Holiday Enternaining!

MEET BRUNCH WITH BABS' BARBARA COSTELLO EASY RECIPES FROM INA GARTEN & BOBBY FLAY LUXURY GIFT IDEAS

> GLOBAL SPA GETAWAYS

NOVEMBER/ DECEMBER 2022 Linguine with clam sauce from *Celebrate with Babs* by Barbara Costello serendipitysocial.com

CONTRACTOR OF A

From Texas to Belize to Fiji, have a spa day anywhere in the world at one of these luxury resorts. BY JUDY KOUTSKY

Serene patios at Lake Austin Spa Resort allow guests to take in views of the lake.









FIJI KOKOMO PRIVATE ISLAND

Located in the pristine Kadavu Islands, south of the Fijian mainland this resort is spread across 140 acres, with 21 private villas—each with their own infinity pool—and five hilltop luxury residences. The property is also home to a 5.5-acre organic farm and hydroponics garden yielding a variety of fruits and vegetables, as well as free-range chickens that produce the island's eggs and Italian crossbred beehives generating the resort's exotic honey. Kokomo offers three restaurants for on-site locally sourced produce and caught-to-order seafood from its sustainable "Dock to Dish" fishing program.

Treatment to try: The Yaukuve Spa Sanctuary is nestled in a lush, tropical garden—and you'll find the relaxation pavilion, which serves as the starting point on your spa journey, at the heart. There are five treatment rooms, a wet and dry hammam, hair salon and outdoor relaxation pavilion as well. One of the most popular treatments is the 75-minute Kokomo seashell massage, which incorporates exfoliation, deep tissue and warm moisturizing seashells.

Good to know: There are yoga, meditation and fitness bootcamps as well as snorkeling, diving, fishing, kayaking, and yachting on property.





