

Take it slow

Kokomo Private Island resort sets a new standard for luxury travel with pristine beaches, fine dining and a wellness program that will leave you with a renewed sense of calm.

BY RICKY ALLEN

Regarded as Fiji's most exclusive resort, Kokomo Private Island is the pinnacle of luxury travel. It's the brainchild of developer Lang Walker, who has created an all-inclusive resort where you can leave your troubles behind and focus totally on yourself.

Located in the pristine Kadavu Islands, south of Fiji's mainland, Kokomo island is encircled by the great Astrolabe Reef. The fourth largest barrier reef on the planet, Astrolabe is renowned

for its excellent diving, fishing and snorkelling. Kokomo is 56 hectares in area and boasts sparkling white beaches as well as pockets of lush rainforest.

There are 21 executive beachfront villas, ranging from one to three bedrooms, all with superb views and total privacy. In addition, there are five luxury residences that each come with their own private garden, infinity pool and butler service,

Good news for travelling families: Kokomo also offers nanny services, Executive chef Cory Campbell has recently joined the staff. with a pedigree that includes Copenhagen's two-Michelinstar restaurant Noma, Shannon Bennett's flagship restaurant Vue de Monde and Matt Moran's Barangaroo House, Overseeing the three restaurants on Kokomo, Campbell works with the local fishermen and growers to deliver Kokomo's interpretation of farmto-table, or dock-to-dish as it's better described here. He's lucky to also source produce from the two-hectare farm on the island. Understanding that many people who visit the island are escaping a stressful environment prompted the Walker family to also set up a wellness experience for guests.

And in typical Kokomo fashion, it's a wellness journey like no other Steeped in luxury, the latest treatments are available at the Yaukuve Spa Sanctuary, which uses Australian skincare brand Sodashi. and on-site fitness teams guide guests through personalised programs. Also on offer is a range of treatments from acupuncture, iridology, Rolfing and flower essence therapy. Maria Hussain, a Rolfing expert, visits regularly to help quests regain postural efficiency and freedom of movement, two areas that are adversely affected by stress and jobs that require long periods sitting at a desk.

Then there's the resident health practitioner, Kim Campbell, who can put together a menu for your stay. This menu is carefully constructed following a consultation with Campbell to assess your nutritional needs. She then collaborates with the head chef and his team to create a menu based on the produce available. All of this is to





great Astrolabe Reef.

say you can stay in this glorious resort, eat amazing food and leave having lost weight and with your energy levels boosted.

Spa and wellness expert Naomi Gregory is overseeing Kokomo's wellness programs, and plans to introduce more therapies in 2020. "The powerful healing traditions of the South Pacific, combined with its exquisitely breathtaking natural surroundings, make Kokomo the perfect backdrop to support a wellness immersion like no other," she says.

Kokomo has been designed to accommodate all types of guests, from families and executives desperate to escape the rat race through to honeymooners and singles. It's rare to find such luxury, coupled with perfect resources. both natural and man-made. Kokomo is a must on everyone's dream destination list. For details. visit kokomoislandfiji.com.

