



VISITING PRACTITIONER

KERI KRIEGER

Acupuncture

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27 September
- 6 October 2019

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A practitioner of Chinese Medicine for the last twenty years, Keri has worked across spas, health retreats and private practice both internationally and throughout Australia. By channelling her experience and passion in the wellness arena, Keri has created a wellness coaching program aimed at supporting clients, as well as the wellbeing of practitioners new to the wellness industry, who are growing their businesses. Keri believes the wisdom surrounding the 3000-year-old art and science of Chinese Medicine should be accessible to anyone and everyone. As well as her own wellness coaching business, Keri consults at specialty lifestyle retreats held nationally and internationally.

ABOUT ACUPUNCTURE

During a comprehensive consultation involving pulse diagnosis, lifestyle and dietary consideration, acupuncture points will be chosen for optimal health. Acupuncture treatments are subtle, relaxing and address your health holistically taking into account any long term issues and any acute symptomology that may be occurring. Acupuncture works on your nervous system and is ideal for stress related issues, insomnia, and muscle tension.

Facial Acupuncture is the application of delicate acupuncture pins to points in the muscles and fascia of the face. This relaxes tension, improves circulation and clears lymphatic congestions that create uneven skin tone, creases and frown lines. Each session is concluded with Gua Sha to stimulate blood and oxygen flow to your skin and hair line.

**Initial consultation and treatment \$220 USD
(90 minutes)**

**Subsequent acupuncture sessions \$160 USD
(60 minutes)**

*ALL PRICES ARE IN USD AND
SUBJECT TO 25% GOVERNMENT TAX